

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:18:03	Schulte-Werflinghoff, Chri	3		BSG ENNI	1983	1	M30	03:36,6
2		2	00:18:43	Gast, Klaus	366		pa-training	1965	1	M50	03:44,6
3		3	00:19:03	Senftleben, Till	395		Moerser TV Leichtathletik	2002	1	MJ U18	03:48,6
4		4	00:19:19	Somati, Abdelkader	25		Moerser TV Leichtathletik	1990	1	MHK	03:51,8
5		5	00:19:39	Tempesta, Michael	49		AS Neukirchen-Vluyn	1983	2	M30	03:55,8
6		6	00:20:13	Schubbert, Michael	362		pa-training	1969	1	M45	04:02,6
7		7	00:20:58	Friedrich, Frank	185		Roadrunner Moers	1971	2	M45	04:11,6
8		8	00:20:59	Löll, Thorsten	202		Roadrunner	1971	3	M45	04:11,8
9		9	00:21:15	Davalos Fuchs, Luis	396		Moerser TV Leichtathletik	2002	2	MJ U18	04:15,0
10		10	00:21:15	Veltges, Lukas	353		Moerser TV Leichtathletik	2002	3	MJ U18	04:15,0
11		11	00:21:59	Schlechter, Marcus	325		pa-training	1972	4	M45	04:23,8
12		12	00:22:16	Wilms, Niklas	322		Moerser TV Hockey	2001	4	MJ U18	04:27,2
13		13	00:22:23	Perbix, Daniel	328		AS-Neukirchen-Vluyn	1977	1	M40	04:28,6
14		14	00:22:25	Mascia, Dennis	295		Moerser TV	1996	2	MHK	04:29,0
15		15	00:22:26	Senftleben, Reiner	166		Moerser TV	1966	2	M50	04:29,2
16		16	00:22:30	Knoche, Jörg	240		Moers	1977	2	M40	04:30,0
17		17	00:22:38	Koch, Andreas	261		TuS Xanten	1970	5	M45	04:31,6
18	W	1	00:22:43	Kessler, Katja	375		AS-Neukirchen-Vluyn	1964	1	W50	04:32,6
19		18	00:23:02	Merl, Matthias	43		TV Vennikel	1969	6	M45	04:36,4
20		19	00:23:14	Marten, Jens	373		pa-training	1971	7	M45	04:38,8
21	W	2	00:23:34	Karl, Anna	40		Moerser TV Leichtathletik	1999	1	WJ U20	04:42,8
22		20	00:23:38	Albrecht, Andreas	22		Dein Erster Marathon	1975	3	M40	04:43,6
23		21	00:23:49	Hornung, Herbert	2		BSG ENNI	1961	1	M55	04:45,8
24		22	00:24:15	Goedhart, Rob	327		Moers	1968	8	M45	04:51,0
25		23	00:24:20	Schmidt, Detlev	50		EDEKA	1959	2	M55	04:52,0
26		24	00:24:26	Hoffmann, Thomas	376		AS Neukirchen-Vluyn	1973	4	M40	04:53,2
27		25	00:24:43	Leschinski, Günter	378		LT Moers 06	1942	1	M75	04:56,6
28		26	00:24:53	Beus, Manfred	382		R(h)einläufer	1956	1	M60	04:58,6
29		27	00:25:00	Url, Michael	265		Moerser TV Triathlon	1977	5	M40	05:00,0
30		28	00:25:08	Boldt, Wolfgang	282		TV Ufort-Eick	1955	2	M60	05:01,6
31	W	3	00:25:09	Schwarzer, Liv	351		Moerser TV Leichtathletik	2002	1	WJ U18	05:01,8
32	W	4	00:25:13	Retz, Kathrin	352		Moerser TV Leichtathletik	2000	2	WJ U18	05:02,6
33		29	00:25:20	Zigan, Ralf	19		PA-Training	1974	6	M40	05:04,0
34		30	00:25:20	Maurer, Oliver	360		pa-training	1965	3	M50	05:04,0
35	W	5	00:25:21	Blask, Susanne	365		pa-training	1978	1	W35	05:04,2
36	W	6	00:25:48	Gläser, Rosanna	24		TV Vennikel	1965	2	W50	05:09,6
37	W	7	00:25:50	Spronk, Marianne	15		TSV Weeze	1948	1	W65	05:10,0
38		31	00:25:58	Dörner, Josef	286		Duisburg	1968	9	M45	05:11,6
39		32	00:26:03	Url, Leonard	267		Moerser TV Triathlon	2007	5	MJ U18	05:12,6
40		33	00:26:10	Hiedels, René	17		Homberger TV	1992	3	MHK	05:14,0
41		34	00:26:23	Vierbaum, Hans-Günter	249		Duisburg	1951	1	M65	05:16,6
42		35	00:26:50	Lachmann, Guido	326		Homberger TV	1966	4	M50	05:22,0
43		36	00:27:16	Wisomirski, Timo	317		Moerser TV Hockey	2003	6	MJ U18	05:27,2
44		37	00:27:16	Wagner, Tim	324		Moerser TV Hockey	2002	7	MJ U18	05:27,2
45		38	00:27:16	Mascia, Davide	296		Moerser TV	2003	8	MJ U18	05:27,2
46		39	00:27:37	Lindner, Jürgen	182		Silverspeedy	1959	3	M55	05:31,4
47	W	8	00:27:39	Buschkamp, Sandra	291		Lauffreunde HADI Wesel	1982	2	W35	05:31,8
48	W	9	00:27:39	Pautzke, Catrin	361		pa-training	1961	1	W55	05:31,8
49	W	10	00:27:39	Retz, Maria	363		pa-training	1965	3	W50	05:31,8
50		40	00:27:39	Heisterhoff, Andreas	290			1976	7	M40	05:31,8
51		41	00:27:40	Reese, Frank	307		Moerser TV	1965	5	M50	05:32,0
52	W	11	00:27:47	Empting, Daniela	310			1986	1	W30	05:33,4
53		42	00:27:58	Scholz, Dirk	210		Moers	1970	10	M45	05:35,6
54		43	00:28:07	Licata, Toni	358		pa-training	1966	6	M50	05:37,4
55		44	00:28:08	Grüner, Ronald	29		Moerser TV	1961	4	M55	05:37,6
56		45	00:28:10	Kriewald, Markus	367		pa-training	1976	8	M40	05:38,0

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Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
57		46	00:28:11	Korschewski, Tobias	370		pa-training	1977	9	M40	05:38,2
58		47	00:28:11	Hippler, Lukas	46		Moerser TV Hockey	2003	9	MJ U18	05:38,2
59		48	00:28:24	Chmiel, Adam	39		Moerser TV	1970	11	M45	05:40,8
60		49	00:28:24	Mascia, Toni	293		Moerser TV	1969	12	M45	05:40,8
61		50	00:28:25	Lahn, Jannik	318		Moerser TV Hockey	2000	10	MJ U18	05:41,0
62	W	12	00:28:25	Frank, Sofie	320		Moerser TV Hockey	2000	3	WJ U18	05:41,0
63	W	13	00:28:25	Hippler, Sarah	319		Moerser TV Hockey	2000	4	WJ U18	05:41,0
64	W	14	00:28:26	Kays, Maya	323		Moerser TV Hockey	2000	5	WJ U18	05:41,2
65	W	15	00:28:28	Stöß, Fäncie-Frāncie	309		Neukirchen-Vluyn	1990	1	WHK	05:41,6
66	W	16	00:28:29	Stührenberg, Anke	308		Duisburg	1985	2	W30	05:41,8
67	W	17	00:28:30	Noack, Christiane	359		pa-training	1967	4	W50	05:42,0
68	W	18	00:28:35	Kracke, Heike	305		Bad Bentheim	1970	1	W45	05:43,0
69		51	00:28:41	Schuermann, Andreas	292		Dorsten	1978	1	M35	05:44,2
70	W	19	00:28:47	Fretschen, Daniela	311			1984	3	W30	05:45,4
71		52	00:28:48	Nies, Ole	321		Moerser TV Hockey	2000	11	MJ U18	05:45,6
72		53	00:28:48	Leske, Kai	316		Moerser TV Hockey	2001	12	MJ U18	05:45,6
73	W	20	00:28:52	Borgolte, Ronja-Asta	302		Witten	1987	4	W30	05:46,4
74	W	21	00:29:05	Schneider, Paula	356		pa-training	2014	6	WJ U18	05:49,0
75	W	22	00:29:07	Löpertz, Claudia	368		pa-training	1979	3	W35	05:49,4
76		54	00:29:09	Schräder, Karl	379		Homberger TV	1957	3	M60	05:49,8
77	W	23	00:29:14	Birkenfeld, Mia	274		TV Kapellen	2007	7	WJ U18	05:50,8
78		55	00:29:16	Birkenfeld, Gero	273		SV Bayer Uerdingen 08	1972	13	M45	05:51,2
79	W	24	00:29:20	Vogel Nikolaus, Nicole	329		AS-Neukirchen-Vluyn	1972	2	W45	05:52,0
80	W	25	00:29:27	Hövel, Susanne	372		AS-Neukirchen-Vluyn	1966	5	W50	05:53,4
81	W	26	00:29:29	Lohmann, Heike	330		AS-Neukirchen-Vluyn	1969	3	W45	05:53,8
82		56	00:29:32	Schröder, Norbert	187			1966	7	M50	05:54,4
83		57	00:29:33	Kirchhoff, Pascal	371		pa-training	1984	3	M30	05:54,6
84	W	27	00:29:38	Boholz, Regina	239		Concordia Ossenberg	1985	5	W30	05:55,6
85	W	28	00:29:42	Kaas, Petra	194		SV Concordia Ossenberg	1971	4	W45	05:56,4
86	W	29	00:29:54	Moratz, Silvia	186			1971	5	W45	05:58,8
87		58	00:29:55	Kobeissi, Khodor	374		pa-training	1955	4	M60	05:59,0
88	W	30	00:30:06	Henneken-Boos, Stefanie	218		Moerser TV Hockey	1975	1	W40	06:01,2
89		59	00:30:10	Schmeitz, David	271		Raclette-Runner	1990	4	MHK	06:02,0
90	W	31	00:30:11	Paradis, Sinah	270		Raclette-Runner	1993	2	WHK	06:02,2
91		60	00:30:12	Stenchlik, Daniel	269		Raclette-Runner	1991	5	MHK	06:02,4
92		61	00:30:21	van der Ende, Luis	35		AS Neukirchen-Vluyn	2004	13	MJ U18	06:04,2
93		62	00:30:24	van der Ende, Joel	33		AS Neukirchen-Vluyn	2006	14	MJ U18	06:04,8
94		63	00:30:24	van der Ende, Jörn	38			1970	14	M45	06:04,8
95		64	00:30:27	Bork, Siegfried	283		TV Uftort-Eick	1959	5	M55	06:05,4
96		65	00:30:31	Knoll, Leonhard	312			2005	15	MJ U18	06:06,2
97		66	00:30:37	Kattelans, Sven	301		Duisburg	1988	6	MHK	06:07,4
98		67	00:30:39	Kattelans, Dieter	278		Katty Family	1965	8	M50	06:07,8
99		68	00:30:41	Empting, Jan-Luca	313			2006	16	MJ U18	06:08,2
100	W	32	00:30:43	Voss, Monica	16		TSV Weeze	1951	2	W65	06:08,6
101	W	33	00:31:07	Wenzel, Sabine	190		SV Concordia Ossenberg	1966	6	W50	06:13,4
102		69	00:31:21	Zimmermann, Frank	200		Rheinberg	1969	15	M45	06:16,2
103		70	00:31:42	Schilling, Uwe	209			1961	6	M55	06:20,4
104	W	34	00:31:48	Brinkmann, Jule	264		Bayer05 Uerdingen	2007	8	WJ U18	06:21,6
105		71	00:31:51	Fretz, Bernd	277		SC Bayer 05 Uerdingen	1963	9	M50	06:22,2
106		72	00:31:52	Tenbergen, Markus	287		Fechtclub Moers	1967	10	M50	06:22,4
107	W	35	00:31:56	BRINKMANN, DORTJE	262			1973	2	W40	06:23,2
108	W	36	00:32:06	Büchel, Elke	183		Sambaflitzer	1960	2	W55	06:25,2
109		73	00:32:06	Büchel, Udo	184		Sambaflitzer	1957	5	M60	06:25,2
110	W	37	00:32:14	Zimmerman, Michaela	196		Concordia Ossenberg	1974	3	W40	06:26,8
111		74	00:32:17	Schröder, Matteo	189			2004	17	MJ U18	06:27,4
112	W	38	00:32:25	Dickschen, Yvonne	272		Raclette-Runner	1991	3	WHK	06:29,0

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113	W	39	00:32:36	Birkenfeld, Anja	275		TV Vennikel	1974	4	W40	06:31,2
114	W	40	00:32:43	Weseling, Heike	229		Concordia Ossenberg	1969	6	W45	06:32,6
115		75	00:32:55	Wolf, Horst	248		Team Flow	1951	2	M65	06:35,0
116	W	41	00:33:03	Schröder, Marlene	188			2000	9	WJ U18	06:36,6
117	W	42	00:33:03	Grasbon, Sylvia	199		SV Concordia Ossenberg	1963	7	W50	06:36,6
118	W	43	00:33:14	Schilling, Bettina	208			1964	8	W50	06:38,8
119	W	44	00:33:14	Spauszus, Virginia	285			1987	6	W30	06:38,8
120	W	45	00:33:14	Kattelans, Birgit	276		Katty Family	1967	9	W50	06:38,8
121	W	46	00:33:17	Galoch, Grazyna	224		Moerser TV Hockey	1974	5	W40	06:39,4
122	W	47	00:33:25	Berndtsen, Claudia	195		SV Concordia Ossenberg	1969	7	W45	06:41,0
123	W	48	00:33:38	Sanders, Nina	315		Neukirchen-Vluyn	1982	4	W35	06:43,6
124		76	00:34:09	Laakmann, Otto	243		Moerser TV	1946	1	M70	06:49,8
125	W	49	00:34:17	Eckhard, Christina	306		Moers	1970	8	W45	06:51,4
126		77	00:34:19	Url, Alexander	268		Moerser TV Triathlon	2007	18	MJ U18	06:51,8
127		78	00:34:30	Gozdzik, Gregor	300			1986	4	M30	06:54,0
128	W	50	00:34:31	Url, Sabine	266		Moerser TV Triathlon	1977	6	W40	06:54,2
129	W	51	00:34:45	Kaulich, Manuela	298			1982	5	W35	06:57,0
130	W	52	00:34:45	Marson, Nina	299			1980	6	W35	06:57,0
131		79	00:34:52	Kirchhoff, Patric	369		pa-training	1980	2	M35	06:58,4
132	W	53	00:35:01	Hippler, Christiane	45		Moerser TV Hockey	1975	7	W40	07:00,2
133		80	00:36:46	Wenzel, Max	201		SV Concordia Ossenberg	2000	19	MJ U18	07:21,2
134	W	54	00:37:47	Lankhorst, Christiane	26			1967	10	W50	07:33,4
135	W	55	00:38:10	Paetz, Sandra	364		pa-training	1972	9	W45	07:38,0
136	W	56	00:38:13	Knoll, Susanne	314			1977	8	W40	07:38,6
137	W	57	00:39:17	Bandemer, Antje	288		kein	1965	11	W50	07:51,4
138	W	58	00:39:17	Walter, Kirsten	289		kein	1974	9	W40	07:51,4
139		81	00:39:33	Rickmann, Marc	385			1980	3	M35	07:54,6
140	W	59	00:39:33	Rickmann, Charlotte	384			1988	4	WHK	07:54,6
141	W	60	00:39:36	Dreher, Evelyn	279		TV Ufort-Eick	1983	7	W30	07:55,2
142		82	00:39:37	Steidl, Kurt	280		TV Ufort-Eick	1951	3	M65	07:55,4
143		83	00:40:37	Baudewig, Günter	193		Rheinberg	1958	7	M55	08:07,4
144	W	61	00:40:37	Dicks, Karla	192		Concordia Ossenberg	1969	10	W45	08:07,4